# Supplemental Material 

# Myotube Protein Content Associates with Intracellular L-Glutamine Levels 

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Figure S1. High Correlation (blue) between L-glutamine or L-glutamate levels and intracellular contents (A) or uptake (B) of amino acids and products of amino acid metablism in $\mathrm{C}_{2} \mathrm{C}_{12}$ myotubes cultured in absence of glutamine (no addition and no addition plus glutamine synthase inhibitor) for 48 hours. C2C12 cells were cultivated in proliferation (DMEM low glucose -5.5 mM and 2 mM L-glutamine with $10 \%$ FBS for 2 days) and differentiation (DMEM low glucose 5.5 mM and 2 mM L-glutamine with $2 \%$ horse serum for 4 days) conditions. Cells differentiated to myotubes were treated with different L-glutamine concentrations in DMEM with low glucose ( 5.5 mM ) and $2 \%$ horse serum for 2 days. Figures refer to the following amino acids: alanine (Ala), arginine (Arg), asparagine (Asn), aspartate (Asp), $\beta$ aminoisobutyric acid (bAib), carnosine (Car), glutamine (Gln), glutamate (Glu), glycine (Gly), histidine (His), isoleucine (lle), leucine (Leu), lysine (Lys), methionine (Met), ornithine (Orn), o-phosphoethanolamine (PEtN), phenylalanine (Phe), proline (Pro), serine (Ser), taurine (Tau), threonine (Thr), triptophan (Trp), tyrosine (Tyr) and valine (Val). Results were analyzed using Pearson correlation.




## B




Figure S2. Membranes and blots of Western Blotting results. Ponceau $S$ staining of nitrocellulose membranes after protein transfer from $12 \%$ polyacrylamide gels (A); Blots of p-Akt, (B) p-RPS6 (C) and p-4E-BP1 (D) contents in in $\mathrm{C}_{2} \mathrm{C}_{12}$ myotubes cultivated in various glutamine concentration conditions (no addition or 2,8 or 16 mM glutamine) for 48 hours stimulated with insulin $(100 \mathrm{nM})$ in the last hour.

A


B p-Akt


C p-RP-S6


D p-4EBP1


